

# National Changhua University of Education

## Guidelines for Student Physical Examinations and Control of Communicable Diseases

Adopted during the first discussion at the meeting  
of the Health Committee on April 9, 2004

Amended and adopted by the Health Committee  
on June 4, 2009

- I. The Guidelines are established to improve the health of the students, faculty and staff of the University, and lay the cornerstone for the health of citizens, enhancing the quality of their lives. The University provides physical examinations in order to help its students become familiar with the need for, process and effects of physical examinations through educational activities highlighting student physical examinations, thereby developing a habit of having regular examinations and detecting diseases and defects at an early stage. The ultimate goals are to efficiently manage defects and provide treatment, enhance the knowledge of health among students, and foster healthy behaviors.
- II. The objectives of student physical examinations are as follows: (i) assessing the growth and health of the students; (ii) detecting defects and diseases at an early stage for the purpose of earlier treatment; (iii) developing an emphasis on physical and mental health, attitude and behavior of an individual; (iv) providing an opportunity for the parents and teachers to become more attentive to and concerned about the health of the students; and (v) determining the physical fitness of students in accordance with the examination results, so that the students will be able to participate in suitable physical activities or other educational activities.
- III. Student physical examinations shall be scheduled in accordance with Article 4 of the Regulations for the Implementation of Physical Examinations for Students enacted by the Ministry of Education on June 25, 2003, which stipulates that schools shall conduct basic health surveys when new students (including transfer students, graduate students and students in the College of Extension Education) are enrolled, so as to facilitate the understanding of the health traits of each student and provide a reference in regard to educational activities and disease control and prevention on campuses.
- IV. Regarding student physical examination items and methods, examination forms shall be created according to the Student Physical Examination Standards established by the

physical examinations shall be performed by a qualified hospital.

- V. A written notice on student physical examinations shall be given before a new student is enrolled, in order to exercise due diligence in providing notification and highlighting the importance of health education.
- VI. Students who, due to other engagements, are unable to receive the physical examination at the time when the examination is to be performed may take an examination on their own at a qualified hospital.
- VII. Those who take physical examinations on their own shall, within two weeks of the beginning of the semester, submit the examination results to the Health Center under the Office of Student Affairs for sorting and statistical purposes. The submissions will help the University understand the health conditions of the students and serve as references for future disease prevention and health promotion.
- VIII. Students and their parents may be informed of the student physical examination results in writing. The Health Center shall urge the students whose physical examination results are abnormal to retake the examination and receive treatment as soon as possible. Students with critical or special diseases shall be listed for guidance and management purposes. Moreover, their mentors, military instructors, physical education teachers and other relevant units shall be notified, so as to pay special attention and reduce accidents.
- IX. In the event that a student, faculty member or staff member is found to be infected with a notifiable or reportable communicable disease on the campus, the University shall immediately report the case to the education authority and local health authority and carry out relevant procedures as required by law. The information of the person concerned must be kept confidential.
- X. Overseas Chinese students and foreign students shall receive relevant mandatory physical examinations such as disease detection and blood sample collection at a health agency, and shall submit their physical examination forms.
- XI. To prevent pulmonary tuberculosis from adversely affecting the health of the faculty and students of the University, third-year students are required to undergo chest X-rays within the first two weeks of the semester.
- XII. The University may employ qualified physicians, professional registered nurses, registered nurses or relevant professionals to provide diagnosis, consultation and simple

- XIII. In the event that students fail to complete the physical examination required for new students when they are enrolled or the chest X-ray required for third-year students, their eligibility for student housing will be cancelled according to the resolution reached at the meeting of the Health Committee of the University in 2003, and they will be handled by their mentors.
- XIV. The Guidelines shall be promulgated and become effective after being discussed and adopted by the University Health Committee and submitted to the President for approval. The same procedures shall also apply to the amendments.